



# HEALTH AND WELLNESS FORM

PATIENT NAME \_\_\_\_\_ DATE \_\_\_\_\_

## 1. ABOUT YOU

Why have you come to the orthodontist today? \_\_\_\_\_

What concerns you about your smile? \_\_\_\_\_

## 2. DENTAL HISTORY

Do you have, or have you had, any of the following?

- Permanent or "extra" teeth removed
- Teeth sensitivity or soreness
- Food impaction between teeth
- Speech problems
- Teeth grinding or jaw clenching
- Pain or soreness in the muscles of the face or around the ears
- Treated for "TMD" or "TMJ" problems
- Spaced, crooked, or protruding teeth
- Wisdom teeth problems
- Extra or congenitally missing teeth
- Jaw fractures, cysts, or mouth infections
- Abnormal swallowing habit (tongue thrusting)
- Mouth breathing habit, snoring, or difficulty in breathing
- Pain, clicking, or locking in jaw or ringing in the ears
- Difficulty in chewing or jaw opening
- Teeth irritating cheek, lip, tongue, palate, or gums
- A relative with similar teeth or jaw relationships
- Frequent oral habits (sucking fingers, chewing pens, etc.)

Have you had previous orthodontic treatment?  Yes  No

Family Dentist's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Date Last Seen \_\_\_\_\_ Reason \_\_\_\_\_

## 3. MEDICAL HISTORY/ALLERGIES

### ARE YOU ALLERGIC TO ANY OF THE FOLLOWING?

Aspirin  Penicillin  Codeine  Acrylic  Metal  Latex  Local Anesthetics  Tree Nuts  Other \_\_\_\_\_

Physician's Name \_\_\_\_\_

Phone # (\_\_\_\_\_) \_\_\_\_\_ Last Visit Date \_\_\_\_\_

### FOR WOMEN

Pregnant / Trying to get pregnant  Nursing

### 3. MEDICAL HISTORY/ALLERGIES

**DO YOU HAVE, OR HAVE YOU HAD, ANY OF THE FOLLOWING?**

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> AIDS/HIV Positive         | <input type="checkbox"/> Congenital Heart Disorder | <input type="checkbox"/> Hepatitis A           | <input type="checkbox"/> Renal Dialysis             |
| <input type="checkbox"/> Alzheimer's Disease       | <input type="checkbox"/> Convulsions               | <input type="checkbox"/> Hepatitis B or C      | <input type="checkbox"/> Rheumatic Fever            |
| <input type="checkbox"/> Anaphylaxis               | <input type="checkbox"/> Cortisone Medicine        | <input type="checkbox"/> Herpes                | <input type="checkbox"/> Rheumatism                 |
| <input type="checkbox"/> Anemia                    | <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Scarlet Fever              |
| <input type="checkbox"/> Angina                    | <input type="checkbox"/> Drug Addiction            | <input type="checkbox"/> Hives or Rash         | <input type="checkbox"/> Shingles                   |
| <input type="checkbox"/> Arthritis/Gout            | <input type="checkbox"/> Easily Winded             | <input type="checkbox"/> Hypoglycemia          | <input type="checkbox"/> Sickle Cell Disease        |
| <input type="checkbox"/> Artificial Heart Valve    | <input type="checkbox"/> Emphysema                 | <input type="checkbox"/> Irregular Heartbeat   | <input type="checkbox"/> Sinus Trouble              |
| <input type="checkbox"/> Artificial Joint          | <input type="checkbox"/> Epilepsy or Seizures      | <input type="checkbox"/> Kidney Problems       | <input type="checkbox"/> Spinal Bifida              |
| <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Excessive Bleeding        | <input type="checkbox"/> Leukemia              | <input type="checkbox"/> Stomach/Intestinal Disease |
| <input type="checkbox"/> Blood Disease             | <input type="checkbox"/> Excessive Thirst          | <input type="checkbox"/> Liver Disease         | <input type="checkbox"/> Stroke                     |
| <input type="checkbox"/> Blood Transfusion         | <input type="checkbox"/> Fainting Spells/Dizziness | <input type="checkbox"/> Low Blood Pressure    | <input type="checkbox"/> Swelling of Limbs          |
| <input type="checkbox"/> Bone Disorder             | <input type="checkbox"/> Frequent Cough            | <input type="checkbox"/> Lung Disease          | <input type="checkbox"/> Thyroid Disease            |
| <input type="checkbox"/> Breathing Problem         | <input type="checkbox"/> Frequent Headaches        | <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Tonsillitis                |
| <input type="checkbox"/> Bruise Easily             | <input type="checkbox"/> Heart Attack/Failure      | <input type="checkbox"/> Pain in Jaw Joints    | <input type="checkbox"/> Tuberculosis               |
| <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Heart Murmur              | <input type="checkbox"/> Parathyroid Disease   | <input type="checkbox"/> Tumors or Growths          |
| <input type="checkbox"/> Chemotherapy              | <input type="checkbox"/> Heart Pacemaker           | <input type="checkbox"/> Psychiatric Care      | <input type="checkbox"/> Ulcers                     |
| <input type="checkbox"/> Chest Pains               | <input type="checkbox"/> Heart Trouble/Disease     | <input type="checkbox"/> Radiation Treatments  | <input type="checkbox"/> Yellow Jaundice            |
| <input type="checkbox"/> Cold Sores/Fever Blisters | <input type="checkbox"/> Hemophilia                | <input type="checkbox"/> Recent Weight Loss    | <input type="checkbox"/> Other, unlisted            |

Please explain \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Are you under a physician's care now?  Yes, please explain \_\_\_\_\_

Has a doctor ever told you that you require antibiotics before dental treatment?  Yes, please explain \_\_\_\_\_

Have you ever been hospitalized or had a major operation?  Yes, please explain \_\_\_\_\_

Have you ever had a serious head or neck injury?  Yes, please explain \_\_\_\_\_

Do you use tobacco?  Yes, please explain \_\_\_\_\_

Do you use controlled substances?  Yes, please explain \_\_\_\_\_

Are you taking any medications, pills, or drugs?  Yes, please explain \_\_\_\_\_

Have you ever taken intravenous bisphosphonates such as Zometa, Aredia or Didronal for bone disorders or cancer?  Yes, please explain \_\_\_\_\_

Have you ever taken oral bisphosphonates such as Fosamax, Actonel, Bonioa, Skelid, or Didronel for bone disorders?  Yes, please explain \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian Signature (if under 18) \_\_\_\_\_ Date \_\_\_\_\_